

# May the Fit be with you... It's for your Safety

## 2018 Annual Respiratory Mask Fit Testing



**If you do not complete respiratory mask fit testing by May 21, 2018 at 2:30 p.m., your care site will remove you from the schedule; and you will not be allowed to work.**

You will not be in compliance with OSHA requirements and as a consequence, may be subject to disciplinary action up to and including suspension and termination. Disciplinary action will lead to your disqualification of your 2019 merit increase (performance reviews in March/April 2019).

### Associates can attend sessions at ANY Denver care site

**LUTHERAN** mask fit testing will be conducted in the back half of the cafeteria.

**Times:** 6:30 a.m. – 11:50 a.m. and end 2:30 p.m. Closed for Lunch 12N-12:45 p.m.  
Saturday 3/17/18 6:30 a.m. and end 11:30 a.m.

**Dates:** March 6 - Tuesday                      March 13 - Tuesday                      March 20 - Tuesday  
                  March 9 - Friday                        March 17 - Saturday                      March 26 - Monday

**GOOD SAMARITAN** dates, times and locations are as follows:

**Times:** 6:30 a.m. – 11:50 a.m. and end 2:30 p.m. Closed for Lunch 12N-12:45 p.m.  
Saturday 4/14/18 6:30 a.m. and end 11:30 a.m.

**Dates:** March 30 - Friday    Conf. rooms A, B, C                      April 20 - Friday    Conf. rooms E, F  
                  April 13 - Friday    Conf. rooms A, B, C                      April 23 - Monday    Conf. room E, F & G  
                  April 14 - Saturday    Conf. rooms A, B, C

**PLATTE VALLEY MEDICAL CENTER** dates, times and locations are as follows:

**Times:** 6:30 a.m. – 11:50 a.m. and end 2:30 p.m. Closed for Lunch 12N-12:45 p.m.

**Dates:** April 4 - Wednesday                      Conf. rooms B & C  
                  April 6 - Friday                                      Conf. rooms B & C  
                  May 9 - Wednesday                                Conf. rooms B & C

**SAINT JOSEPH** mask fit testing will be conducted in the Russell Pavilion, 2nd Floor.

**Times:** 6:30 a.m. – 11:50 a.m. and end 2:30 p.m. Closed for Lunch 12N-12:45 p.m.  
Saturday 5/19/18 6:30 a.m. and end 11:20 a.m.

**Dates:** May 1 - Tuesday                      May 7 - Monday                      May 14 - Monday                      May 19 - Saturday  
                  May 3 - Thursday                      May 11 - Friday                      May 16 - Wednesday                      May 21 - Monday



## What is the Reason for Annual Respirator Mask Fit Testing?

OSHA requires Annual fit testing to insure that the proper mask, hood, or respirator is the proper size and fit, and that the tight fitting seal is not compromised, affording reliable protection for the user to protect from potentially harmful infectious disease. It is also for the user to understand and know how to don and doff a mask properly. A RESPIRATOR CAN'T PROTECT YOU IF IT DOESN'T FIT YOUR FACE.

## Be Ready for Mask Fit Testing Per OSHA Regulations:

- Bring your completed annual **Respirator Fit Test Questionnaire** to the testing session.
- If you are not **clean shaven** every day at work, you cannot be fitted with the mask and must wear a Powered Air Purifying Respirator (PAPR).
- For those of you who wear a Powered Air Purifying Respirator (PAPR), you still **need to attend one** of the mask fitting sessions to be signed off for the PAPR.
- If an associate had a recent pre-employment respirator fit testing, they will need to attend a scheduled session to synchronize with the annual fit testing in order for the care site to maintain compliance with OSHA.
- No apparel that interferes with the respirator skin to face sealing surface.
- No smoking by associate(s) for at least one hour prior to fit testing.

## What to Expect at Testing Session:

- If the questionnaire is completed prior to testing, testing will take approximately 15 minutes.
- After you have passed the test, obtain your annual fit test respirator card.
- If you are unable to attend one of the above 22 session dates for fit testing, contact Occupational Health Department at your care site.

